



Hostile Environment and First Aid Course

www.bluedotsafety.com

HOSTILE ENVIRONMENT AND FIRST AID COURSE

In the current global climate a hostile environment could be anything from a country experiencing civil unrest or war to a natural disaster and Media Workers are still expected to operate in these harsh conditions.

This three day course is intended for freelance Journalists who will experience hostile environments in the course of their work. Its aim is to address, practice and equip them with the technical skills, judgement and areas of knowledge necessary to be better prepared to operate effectively in hostile environments.

IS IT FOR YOU

The Blue Dot Safety Hostile Environment and First Aid Course (HEFAC) is aimed specifically at the Media worker as an introduction to working in volatile areas and an insight into how to operate effectively and professionally whilst living in these harsh conditions.

COURSE CONTENT

This hard-hitting 3-day training course will provide a wide range of life saving skills and includes modules on personal safety, first aid including CPR, and kidnap and ambush avoidance; this training will be put into practice with realistic scenario based exercises.

INSTRUCTION

The instructors delivering this course are former military personnel with associated civilian teaching qualifications as well as industry professionals, all with current relevant experience of living and working in hostile environments.


OUTCOMES

On completion of the course you will be better prepared to operate effectively in hostile environments, develop strategies to assess and mitigate personal risk, deal effectively and safely with life threatening situations and administer potentially lifesaving first aid.

CONTACT

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Outline Syllabus

Day 1

Introduction and administration
Working in Conflict Environments
Assessing risk
Pre-deployment considerations
Personal safety and security
Site safety and security
Situational awareness
Travel safety and security
Natural Hazards and Disasters
Communications
Dealing with Security Threats
Navigation including use of GPS

DAY 2

Introduction to first aid
Triage
CPR
Trauma management
Control of bleeding
Dealing with and types of shock
Burns and fractures
Heat and cold injuries
Road Traffic Accidents
Other types of injury
Use of morphine
Staying Healthy
Considerations for female reporters
Covering riots and Demonstrations

DAY 3

Hostage mitigation/survival
Dealing with Security threats cont...
Scenario based exercise confirming all subjects covered
Course de-brief
Validation/certification



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